

Welcome to Physical Education at Hills Road. We have added this page to our website to help you access all the information you may need before you start at Hills Road.

Dear Physical Education student

**Physical Education induction session
Tuesday 6th September 2011
9.30 am – 11.00 am – Hills Road Sports & Tennis Centre**

We will be hosting a PE induction session on **Tuesday 6th September at 9.30 am**. This will be an opportunity to meet students who will be in your class and also meet with all the new students studying Physical Education next year (approx.80).

The purpose of the morning will be to complete a few administrative tasks, issue course materials and provide an overview of the course. However it is primarily an ice breaking session and we have planned a number of fun induction and team building activities. Please bring suitable clothing for physical activity, and non-marking trainers. (Activities will take place in the sports centre).

Throughout the year we organise a number of intra- PE competitions e.g. dodge ball, tug of war and rounders that provide opportunities to get to know students from different sets and the upper sixth. Unfortunately, due to timetable constraints, it is very difficult for all Physical Education students to get together for joint activities. As such, I hope you will not mind coming in before the official commencement of college for this induction session.

To maximize your time on the day, team training (see details of September trials) follows on from the PE induction. There will also be an opportunity to book a **Fitness suite induction**. A session is available at 8.45 –9.30am and another two sessions are available at 1.35 – 2.15 and 2.20 –3.00 pm. Any student wishing to use the fitness suite must initially complete an induction, irrespective of whether they are current fitness suite users. There is an initial fee of £5.00 to cover the induction; however afterwards the fitness suite (indeed all sport centre facilities) is free to use. If you would like to book an induction, limited spaces available, please phone Hills Road Sports and Tennis Centre on 01223 500009. (This is a great opportunity to beat the queue at the start of term!)

If you have any queries please do not hesitate to call the sport department on 01223 247251 ext. 1220, otherwise we look forward to seeing you on the 6th September.

Best wishes

Ann Hemming
Head of Sport